

35TH ANNUAL HOMEBIRTH AUSTRALIA CONFERENCE



17TH TO 19TH NOVEMBER 2023
Novotel Brighton Beach, Sydney

#HBACON23

35TH ANNUAL HOMEBIRTH AUSTRALIA CONFERENCE



Special thanks to our Mistress of Ceremonies, Jerusha Sutton



JERUSHA SUTTON

Doula, Birth Photographer

Jerusha is a homebirth mama, doula, birth photographer and one of the makers of the film 'Birth Time'.

Jerusha has photographed many of our conferences in the past and we're so excited to have her hosting our event in 2023!

and to Jane Hardwicke Collings, for facilitating our opening
and closing ceremonies

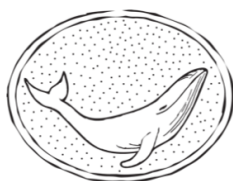


JANE HARDWICKE COLLINGS

Agent of the Goddess

Jane Hardwicke Collings is a grandmother, former homebirth midwife for 30 years, a teacher, writer and menstrual educator. She gives workshops on mother and daughter preparation for menstruation, the spiritual practice of menstruation, and the sacred dimensions of pregnancy, birth and menopause. Jane founded and runs The School of Shamanic Womancraft, an international Women's Mysteries School.

Thank you to our official conference photographer, Nadia Stone



Nadia Stone Fine Art Documentary Photography

Sydney, NSW, Australia

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PROBIOTICS ISOLATED FROM BREASTMILK
THAT SUPPORT YOU EVERY DAY

"QIara truly is a one of a kind product that supports the mother through her pregnancy and postpartum period. The importance of your gut microbiome is often overlooked but plays SUCH an integral role in the health of yourself and your baby. I am so grateful to have had access to such an incredible product during this season of my life."

Monique Peters: Homebirth Mama

Co-founder @maiamothers.collective
Women's Health Clinic



Microbiome support during pregnancy



Maintains and restores good gut flora during and after antibiotics



Supports healthy immune function



Mastitis relief* during breastfeeding



Restores good bacteria following C-section



Available in drops and sachets

Advise your doctor of any medicine you are taking during pregnancy, particularly in your first trimester. *Seek medical advice if mastitis symptoms persist for more than 12 hours or you start to feel unwell. For further information, seek the advice of your healthcare professional.

QIaraProbiotics QIaraprobiotics



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SPONSORS

Our heartfelt thanks go out to our amazing conference sponsors

QIARA



QIARA supports over 40,000 mums each year so far and are committed to delivering high quality products backed by evidence based research.

We pride ourselves on responsiveness and customer care and will continue to invest in ensuring optimal health outcomes for families.

AUSTRALIAN DOULA COLLEGE



As Australia's premier Doula training organisation, we proudly offer a variety of pathways and ongoing support for all Doulas, wherever they are drawn to work. That work transpires into education, support and continuity of care for individuals and families through any one of life's many transitions.

AUSTRALIAN BREASTFEEDING ASSOCIATION



**Australian
Breastfeeding
Association**

The Australian Breastfeeding Association is Australia's peak information, education and support service on breastfeeding. Through the provision of practical mother-to-mother peer support, up-to-date and evidence-based information and continuing education for health care workers, ABA helps hundreds of thousands of families each year on their breastfeeding journey.

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WORKSHOPS

Friday 17th November 2023

Tickets to be purchased separately. \$80 per workshop

TIME	ROOM 1	ROOM 2
09:00am – 12:00pm	<i>Placenta: The Forgotten Chakra</i> with Robin Lim	<i>Your Heart is in Your Hands</i> with Claire Eccleston
1:00pm – 4:00pm	<i>In Circle</i> with Gloria Lemay	<i>Discover Birth Cartography – the scientific art of birth mapping</i> with Catherine Bell
4:30pm – 7:00pm	<i>Birth Worker Circle</i> with Claire Heenan	<i>Student Midwife Circle</i> with Jane Hardwick Collings

Please scan for full workshop descriptions



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DAY 1

Saturday 18th November 2023



GLORIA LEMAY



DR STUART FISCHBEIN



TANI PAXTON



SKYE STEWART



**FIONA
O'SHAUGHNESSY**



**JACQUI
SOLIMAN**



**SHARON
ROBINSON**



**JESSIE JOHNSON-
CASH**



GEORGINA KELLY



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DAY 1

Saturday 18th November 2023

08:00 - 09:00	Registrations	
09:00 - 09:05	Welcome and Housekeeping	Jerusha Sutton - MC
09:05 - 09:15	Welcome to Country	Aunty Lola Ryan
09:15 - 09:30	Opening Ceremony	Jane Hardwicke-Collings
09:30 - 10:30	Keynote Speaker - Radical & Responsible	Gloria Lemay
10:30 - 10:50	<i>Morning Tea</i>	
10:50 - 11:10	Carbon Zero Babies	Tani Paxton
11:10 - 12:10	Keynote Speaker - Dealing with surprises in twin and breech birth (via Zoom)	Dr Stuart Fischbein
12:10 - 12:20	Sponsor	QIARA
12:20 - 1:20	<i>Lunch</i>	
1:20 - 1:50	Decolonising Birth	Skye Stewart
1:50 - 2:20	Birth Trauma: Our collective responsibility	Fiona O'Shaughnessy (Hygieia Health)

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DAY 1

Saturday 18th November 2023

2:20 - 2:50	<i>Root Cause Protocol. A radical and responsible way to address the systemic iron dysregulation plaguing pregnant women</i>	Jacqui Soliman
2:50 - 3:10	<i>Afternoon Tea</i>	
3:10 - 3:40	How far are you willing to go?	Sharon Robinson
3:40 - 4:10	The midwife mother relationship: Mapping the ecotone	Jessie Johnson-Cash
4:10 - 4:40	<i>'Return to the Body' a radical and responsible act</i>	GeorGina Kelly
6:30 - 7:00	<i>Pre-dinner drinks</i>	
7:00 - 11:00	<p><i>Conference Dinner</i></p> <p><i>Dress in your finest Radical Thrift Store Ball gowns / suits for a 3-course meal, with drinks and canapes on arrival and 5 hours of wine, beer and soft drinks. Entertainment will be brought to you by the funky and fabulous Mitchell Anderson band. (Includes HBA's Handing Down of the Knowledge Ceremony!)</i></p> <p><i>The conference dinner needs to be pre-booked.</i></p>	Mitchell Anderson Band

Please scan this QR code for presentation descriptions





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Australian
Doula College
HONOURING LIFE'S TRANSITIONS

RADICAL THRIFT STORE BALL

Dinner • Live music • Prizes

Saturday • November 18 • 7 PM
Homebirth Australia Conference 2023

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DAY 2

Saturday 18th November 2023



ROBIN LIM



DR STUART FISCHBEIN



RHEA DEMPSEY



NATALIE REES



CATHERINE BELL



**INGULA
RINKEVIČIENĖ**



HAYLEY WILSON



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DAY 2

Sunday 19th November 2023

09:00 - 10:00	Keynote Speaker - How to be a Radical and Responsible Keeper of Birth in the Era of Climate Crisis	Ibu Robin Lim
10:00 - 10:30	Radical to Responsible Choice - a generational story	Rhea Dempsey
10:30 - 10:50	<i>Morning Tea</i>	
10:50 - 11:20	Freebirth - Taking Radical Responsibility	Natalie Rees
11:20 - 11:50	The Radical and Responsible Transfer Pathway	Catherine Bell
11:50 - 12:20	Homebirth QLD Documentary Trailer	Amanda Banks
12:20 - 12:30	Activism - The Pathway to Change (video)	Elaine Norling
12:30 - 1:30	Lunch	
1:30 - 2:00	Birth Education - does it belong in home birth?	Hayley Wilson
2:00 - 2:30	Traditional midwifery in Lithuania: Gifts and Challenges	Ingula Rinkevičienė

Please scan this QR code for presentation descriptions



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DAY 2

Sunday 19th November 2023

2:30 – 2:50	<i>HBA Advocacy Award Presentation and In Memoriam Presentation</i>	Jerusha Sutton – MC
2:50 – 3:10	<i>Afternoon Tea</i>	
3:10 – 3:55	Expert Panel Q & A	Gloria Lemay, Robin Lim, Stu Fischbein, Janine O'Brien
3:55 – 4:25	Tips & Tricks	Jerusha Sutton – MC
4:25 – 4:40	Raffle Draw and Thankyou	Jerusha Sutton – MC
4:40 – 5:10	Closing Ceremony	Jane Hardwicke Collings

Please scan this QR code for presentation
descriptions

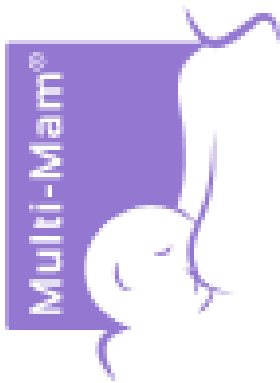


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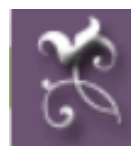
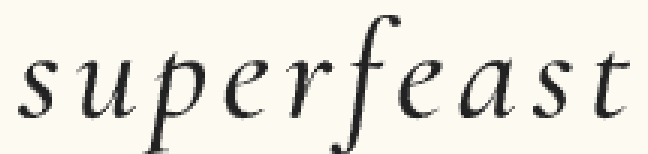


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Homebirth Australia would like to thank the following businesses who have generously donated their products for our raffle



Hayley Wilson



Gloria Lemay

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SPONSORS

Homebirth Australia would like to thank the following businesses who have generously contributed to our delegate bags

WELEDA



Hayley Wilson



superfeast



Natural Beginnings

Holistic Health, Doula and Placenta Services

*Birth Is
Magic*

ORGANIC
TRADER



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Homebirth Australia would like to thank the following businesses for being stall holders at this years homebirth conference



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**SHAMANIC
WOMANCRAFT**
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Simply
Birth



**Australian
Breastfeeding
Association**

SAVE THE DATE

The 36th Homebirth Australia
Conference will be held on the
Sunshine Coast, QLD!



11 to 13 October 2024
Exact location to be confirmed.